



Essential Journey Counseling is excited to announce the opening of our 3-part series, small group relationship workshop. This workshop is designed to support individuals and couples with developing a deeper commitment and appreciation for each other. In order to be safe, many of our relationships were forced into lockdown during the pandemic. We invite you to use this time to reconnect and grow stronger. Taking the course as intended will help you gain more insight into self and into your relationship. You are given the opportunity to turn toward each other instead of away in both small group sessions and private sessions. Please email questions to [info@ejcounsel.net](mailto:info@ejcounsel.net)

Small Group Schedule (registration is limited)

Part 1	Trust & Safety	Friday, January 22, 2021	6pm - 8pm (Online)
Part 2	Communication & Conflict	Friday, February 05, 2021	6pm - 8pm (Online)
Part 3	Emotional Intimacy & Forgiveness	Friday, February 19, 2021	6pm - 8pm (Online)

Cost

\$110 per group session, per couple, per individual (FSA & HSA Accepted)

Private Relationship Session (priority given to small group participants & weekend availability )

\$200 per 90 session (3 sessions recommended to be compliant with course recommendation. FSA & HAS Accepted)

Frequently Asked Questions

1. Can I use my insurance for the Workshop?  
**Answer:** NO, insurance does not pay for workshops. There is no procedure code for workshops.
2. Can I use my FSA or HSA to pay for the Workshop?  
**Answer:** Yes, you can use your FSA or HSA to pay for the workshop
3. Can I get a refund if I change my mind?  
**Answer:** This is handled case by case. If we are able to secure another participant for your slot you will be able to receive a refund.
4. Do I need to take the course in order?  
**Answer:** It is preferred that you take the series in order. However, it is not required.
5. Do I have to participate in the small group and private sessions?  
**Answer:** Sharing in the workshop is invitational, and sometimes the most powerful work is observations. The private sessions are suggested and not required